

Report to Health Scrutiny Committee

Children and Young People's Mental Health and Emotional Wellbeing

Portfolio Holders:

Cllr Zahid Chauhan – Cabinet Member for Health and Social Care

Cllr Amanda Chadderton – Cabinet Member for Children's Services

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Purpose of the Report

The purpose of this report is to provide an overview of the current offer for children and young people's mental health and emotional wellbeing in Oldham. The report includes consideration for the following:

- CAMHS Local Transformational Plan – annual refresh
- Findings from the Healthwatch review of Children and Young People's Mental Health services

Recommendations

Health Scrutiny Committee are asked to note the update of the CAMHS Local Transformational Plan and the findings of the Healthwatch review of Children and Young People's Mental Health services.

Children and Young People’s Mental Health and Emotional Wellbeing

1 Background to the CAMHS Local Transformational Plan

- 1.1 The CAMHS Local Transformational Plan Refresh (2019), see attached *Appendix 1*, has been compiled by Oldham CCG in association with its partners. It builds upon the ambition identified within the original CAMHS Local Transformational Plan (October 2015) for children and young people in Oldham requiring emotional wellbeing and mental health support and, as such, should not be read in isolation. The annual refresh has a focus on the changes that the additional CAMHS Local Transformational Plan investment has brought about since 2015 and is reported annually on the service developments and impact that investment has achieved
- 1.2 Our local transformation plan has been developed in response to the government’s policy ‘Future in Mind’ and describes how we intend to meet the challenges and opportunities presented to deliver both the national and our local vision to achieve true parity of esteem in children and young people’s mental health and emotional wellbeing services.

2 Current Position – CAMHS LTP

- 2.1 This local transformation plan is iterative and will continue to be developed over the five-year timeframe in accordance with local need and priorities. Our vision articulated in this plan is to transform emotional and mental health services in Oldham by 2021 by building the resilience of children, young people and their families.
- 2.2 Our aim over the duration of the plan is to shift the focus of mental health services to prevention and early intervention, whilst maintaining high quality intensive support for those children and young people who need it. We want our services to be centred on delivering the outcomes that are important to our children and young people and their families/carers, in order to provide a solid foundation from which they may continuously develop as individuals and as a family unit.
- 2.3 The plan is refreshed on an annual basis and published at the end of March on both the CCG and Local Authority websites.
- 2.4 The CAMHS LTP (2019 refresh) has been approved at CCG Governing Body in March 2019 and has been received by elected members.

3 Healthwatch Review of Children and Young Peoples Mental Health Services

- 3.1 To ensure the transformation of services reflect the needs and wants of families in Oldham, the CCG and Oldham Council invited Healthwatch Oldham to undertake a review of young people’s mental health services. A total of 90 families and 35 professionals took part in the review which took place between January and March 2019.

3.2 Feedback was gathered through a combination of questionnaires and in-depth focus group discussions and has highlighted areas that are working well as a result of changes introduced within the Local Transformation Plan, as well as areas for improvement to be included as part of the ongoing programme of work.

3.3 The Healthwatch review (*full report - Appendix 2*) highlights a number of key themes:

- Access
- Communication
- Autism
- Staff
- Treatment
- Discharge
- Crisis

3.4 The review acknowledges that more time may be needed to embed the children and young people's single point of access for mental health services and the whole school approach in order to get a more accurate picture of how well the new arrangements are working.

4 Key Issues for Health Scrutiny to Discuss

4.1 Health Scrutiny Committee are asked to reflect upon:

- impact of the CAMHS Local Transformational Plan to date
- feedback from the Healthwatch report and how this can inform future planning

5 Key Questions for Health Scrutiny to Consider

5.1 Health Scrutiny Committee are asked to note the update of the CAMHS Local Transformational Plan and the findings of the Healthwatch review of Children and Young People's mental health services

6 Links to CCG Triple Aim Strategic Objectives

6.1 To improve the health of the people of Oldham

To demonstrate that systems and services are in place to support children & young people with mental health needs.

6.2 To improve the care they receive and their experience of it

To demonstrate that systems and processes are in place to improve health outcomes for children & young people with mental health needs.

6.3 To deliver best value for money by using our resources effectively

To demonstrate effective use of CCG resources.

7 **Consultation**

- 7.1 The CAMHS Local Transformational Plan has been developed by Oldham CCG, in association with its partners who include Local Authority, Pennine Care Foundation Trust, Youth Council and TOG Mind. The CYP Emotional Wellbeing and Mental Health Partnership has oversight of the delivery of the plan.
- 7.2 A total of 90 families and 35 professionals took part in the Healthwatch review. Feedback was gathered through a combination of questionnaires and in-depth focus group discussions.

8 **Appendices**

- 8.1 Appendix 1 - CAMHS Local Transformational Plan (Refresh 2019)
Appendix 2 - Healthwatch Review of CYP Mental Health